



IYLA Indiana Youth
Lacrosse Association

14U	See 14U Rules
12U	See 12U Rules
10U	See 10U Rules
8U	See 8U Rules
6U	See 6U Rules

AGE GROUPING QUICK REFERENCE TABLE

For play occurring between September 01, 2025 - August 31, 2026 **MODIFIED FOR IYLA PLAY**

BIRTH YEAR										
	2020	2019	2018	2017	2016	2015	2014	2013	2012	2011
JANUARY	6U	8U	8U	10U	10U	12U	12U	14U	14U	
FEBRUARY	6U	8U	8U	10U	10U	12U	12U	14U	14U	
MARCH	6U	8U	8U	10U	10U	12U	12U	14U	14U	
APRIL	6U	8U	8U	10U	10U	12U	12U	14U	14U	
MAY	6U	8U	8U	10U	10U	12U	12U	14U	14U	
JUNE	6U	8U	8U	8U/10U	10U	10U/12U	12U	12U/14U	14U	
JULY	6U	8U	8U	8U/10U	10U	10U/12U	12U	12U/14U	14U	
AUGUST	6U	8U	8U	8U/10U	10U	10U/12U	12U	12U/14U	14U	
SEPTEMBER		6U	8U	8U	10U	10U	12U	12U	14U	14U
OCTOBER		6U	8U	8U	10U	10U	12U	12U	14U	14U
NOVEMBER		6U	8U	8U	10U	10U	12U	12U	14U	14U
DECEMBER		6U	8U	8U	10U	10U	12U	12U	14U	14U

INTERPRETATION - The highlighted boxes in the months of June, July and August - a program can choose to play a player born in those months and that year at either level.